

Children are to wear comfortable clothing and will be barefoot in the gym. Make sure they aren't wearing any jewelry for the gymnastics portion of the party.

RSVP To: _____

RSVP By: _____
early.

Parties are 2 hours in length. Please arrive 15 minutes
Time: _____

Date: _____

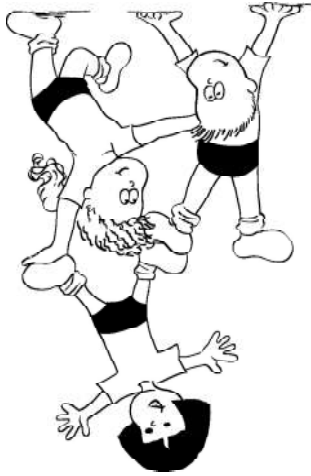
Contact person: _____

We're celebrating this year at the Ottawa Gymnastics Centre! For 1 hour and 15 minutes the children will be doing a range of activities in the gym! Jumping on the Trampoline, walking across the balance beam, swinging on the bars, and hanging upside down from the rings are just a few of the activities they can do!

To having a birthday!



To a birthday bash!



You're invited



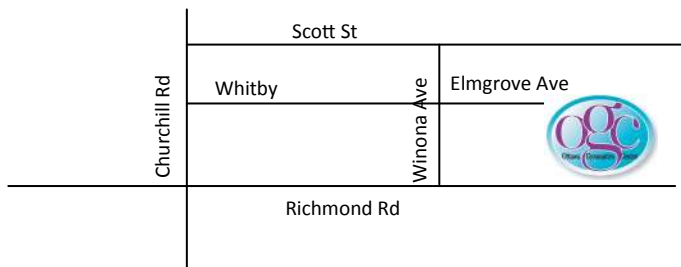
Ottawa Gymnastics Centre

294 Elmgrove Ave
Ottawa, ON
K1Z 6V1

P: 613-722-8698

www.ottawagymnasticscentre.ca

- From Hwy 417 East or West – take the Carling Avenue Exit
- From East - at bottom of ramp, turn Right onto Kirkwood Avenue
- From West - at bottom of ramp, turn Left onto Kirkwood Avenue
- Follow Kirkwood until it ends and turn Left onto Richmond Road
- Follow Richmond Rd. to Churchill Ave. and turn Right
- Take your first Right (Whitby St.) and follow straight through to end (it turns into Elmgrove and takes you right into the OGC Parking Lot). Extra parking for Meets will be available, please watch the signs.



*Birthday Celebration at the
Ottawa Gymnastics Centre*

